

***The PLAN***  
***of practical lessons on General hygiene,***  
***for second year students of the faculty of Stomatology***

<b>Nr</b>	<b>Topic</b>	<b>Nr. of hours</b>
<b>1.</b>	Methods which are applied in hygiene	<b>2</b>
<b>2.</b>	Hygienic appreciation of drinking water's quality.	<b>2</b>
<b>3.</b>	The method of water conditioning.	<b>2</b>
<b>4.</b>	Hygienic evaluation of actual individual feeding.	<b>2</b>
<b>5.</b>	Determination of the organism's requirements in energy.	<b>2</b>
<b>6.</b>	Calculation of the chemical composition and energetic value of the diet	<b>2</b>
<b>7.</b>	Hygienic assessment of vitamin value of some food - stuffs. Determination of the contents of vitamin C in food -stuffs. Examination of the vitamin security of the organism.	<b>2</b>
<b>8.</b>	Hygienic examination of quality of some food - stuffs.	<b>2</b>
<b>9.</b>	Food poisoning and their prophylaxis.	<b>2</b>
<b>10.</b>	Hygienic evaluation of the microclimate of different rooms, of the dental surgery inclusive and their impact on the human health.	<b>2</b>
<b>11.</b>	Air pollution of the environment at the working place of dentist with chemical substances and dust. Determination of the chemical substances in air by means of express- methods.	<b>2</b>
<b>12.</b>	Hygienic evaluation of the ventilation and heating systems for different rooms.	<b>2</b>
<b>13.</b>	Hygienic evaluation of the natural and artificial illumination in different rooms.	<b>2</b>
<b>14.</b>	Physical and intellectual work. Functional modifications in the organism during the work.	<b>2</b>
<b>15.</b>	Ionizing radiation and its impact on health. Radioprotection in dentistry.	<b>2</b>
<b>16.</b>	Hygienic appreciation and systematization of dental clinics.	<b>2</b>
<b>17.</b>	Colloquy.	<b>2</b>
<b>Total</b>		<b>34</b>

**Şef catedră Igienă generală**  
**dr. hab. med., prof. univ.**

**Ion Bahnarel**